CLAIMS

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- 1. Ice spike for mountaineering, having a metal armature designed to be fitted under the sole of a shoe, said armature comprising:
 - a bearing surface having a plurality of anchoring teeth along the periphery,
 - a front part equipped with means for securing the front of the shoe,
 - a rear part provided with a fixing clamp comprising a cross-bar designed to latch directly onto a rear rim of the sole to secure the heel of the shoe,
 - means for adjusting the armature in length according to the shoe size,
 - and a strapping system associated to tightening means to secure the armature to the sole of the shoe, wherein:
 - the front part of the armature comprises stop means to wedge the front of the shoe in the longitudinal direction,
 - and the strapping system comprises at least one safety lanyard fixed to the fixing clamp of the rear part pressing the cross-bar onto said rim when clamping is performed.
- 2. Ice spike according to claim 1, wherein the fixing clamp of the rear part is achieved by means of a steel wire folded into a U shape, that is mounted with pivoting in a pair of holes arranged transversely in the rear part of the armature under the plane of the bearing surface.
- 3. Ice spike according to claim 1, wherein the cross-bar of the fixing clamp is joined to the lateral branches by two loops for passage of the lanyard.
- 4. Ice spike according to claim 3, wherein each lateral branch of the fixing clamp is inclined with respect to the cross-bar making an obtuse angle.

- 5. Ice spike according to claim 1, wherein the stop means comprise a hoop pivotally mounted around a horizontal axis extending at the front of the armature.
- 5 6. Ice spike according to claim 1, wherein the stop means comprise two protuberances salient at the front of the bearing surface.
 - 7. Ice spike according to claim 6, wherein the protuberances are shaped as ring-holders for passage of the lanyard.

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